

**SIMON FRASER UNIVERSITY
SUMMER SEMESTER 2008**

**EDUC 323-3
INTRODUCTION TO COUNSELLING THEORIES
(D100)**

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Wednesday 9:30-12:20
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PREREQUISITE: EDUC 220 or equivalent and 60 credit hours or permission of the instructor.
Students who have credit for Educ 425 cannot take Educ 323 for further credit.

Course description:

This course is designed to introduce the student to the major theories underlying the work of counsellors and educators working with persons with emotional and/or behavioral difficulties. The course will examine theories of counselling and psychotherapy including theories based on psychodynamic, existential, cognitive-behavioral, systemic, feminist, multicultural and developmental frameworks.

Students will have an opportunity to examine these perspectives and their relation to counselling strategies and interventions.

Evaluation:

Assignments in the course will provide students with an opportunity to become familiar with a variety of theoretical approaches and their implications and applications to human behavior and experience. Detailed descriptions of assignments will be distributed at the first class.

Text:

Theories of Counseling and Psychotherapy: A Multicultural Perspective. 6th Edition
Allen Ivey, Michael D'Andrea, Mary Ivey, Lynn Simek-Morgan
Dec 2006, Hardback, 576 pages
ISBN13: 9780205482252
ISBN10: 0205482252

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http://www.educ.sfu.ca/ugradprogs/student_resources/index.html